

ACTIVITIES

Activities coordinator is employed to provide suitable activities for our service users, these include board games, card games, bingo, visiting library, exercise to music and music relaxation, the coordinator is also available to spend recreational time with individual residents. A general activities plan is devised monthly to accommodate both choice and needs. This includes in-house entertainment as well as twice monthly outside entertainment. And a mobile shop that goes round twice weekly which promotes independence and choice.

ADDITIONAL SERVICES

Additional services can be provided on request and include hairdressing, chiropody, nail care and complimentary therapies such as reflexology and massage. Papers and periodicals are provided by the home and ordered on special request from residents. Qualified professionals who liaise with our staff to ensure the service users safety and well being at all times provide these services.

VISITING

Visitors are encouraged and welcome to the home at all times. A Visitor's Book is provided in the hall to comply with Health & Safety legislation. We operate an open visiting system but respect the right of the service user to refuse a visitor. Service Users are at liberty to receive or make outside telephone calls. Help will be given if required. Assistance is given with letter writing or reading as appropriate should the service user have that need..



The management of the home places a strong emphasis on the highest quality service possible for all of its service users.



Southminster

Residential Home



Station Road
Southminster
Essex
CM0 7EW

Tel: 01621 773462 / Fax: 01621 774032

Email: southminsterrh@tiscali.co.uk

THE HOME

Southminster Residential Home is an imposing country house of architectural importance. It is a grade 11 listed building with attractive gardens. The home is registered for 40 elderly and dementia residents, male or female, over sixty-five years of age; we have a choice of 24 singles, and 8 double rooms. Room sizes range from approx.10 sq m upwards for single rooms and from 18 sq m for shared rooms. We have just completed an 11 bed extension comprising all en-suite rooms. We have three lounges and various other facilities for the care of the residents.

Top Care Homes Ltd. purchased the home in February 2005. The director's have got many years of experience in the care industry and manage other homes in Essex. They are at the home daily to oversee all aspects of the home.

A team of dedicated staff provides care 24 hours a day that ensures the service users live in comfort and safety.

The homes manager who is a Registered Nurse Level 2 and the deputy, have between them many years experience in care of the elderly with a good depth of knowledge. They are committed, extremely well motivated and continually strive to improve the services provided.



ADMISSION

Prior to admission to the home, a full assessment is carried out to ensure the home can meet the needs of the individual client and that it is an appropriate placement. We have a 28-day trial period from the day of admission to ensure the home is suitable for both the service user and the provider.

Our purpose is to meet and seek our obligation to ensure that the service users needs are met physically, mentally and emotionally.

And to ensure that those at risk are protected and can lead an independent and fulfilling life through the care within Southminster Residential Home both from our own staff and the outside agencies e.g. District Nurses, Local Doctors, Chiroprapist, Hairdresser etc.

CARE

The range of needs that Southminster Residential Home meets are compliant with those required by the Act and are based on the Core Values of Care.

Privacy	Independence
Security	Dignity
Choice	Respect
Rights	Fulfillment
Equality	

The needs and values are respected in matters of religion, culture, race or ethnic origin, sexuality and sexual orientation, political affiliation, marital status. We respect the service user's right to practice in their religion. we will accommodate this by arranging visits from ministers or their representatives wherever practicable.



DEMENTIA

We at Southminster Residential Home realize through training how Dementia will often affect a person's ability to remember, learn, think and reason, hence cause a gradual loss of social skills.

We are aware there are many types of Dementia and not all result in permanent disability.

We hope at Southminster to be able to support the service users and their families through what can only be described as a dramatic stage in their lives. Usually prior to admission the service user would have been allocated a community psychiatric nurse who will advice and support sufferers.

Accepting that someone has Dementia can prove very difficult this is where Southminster staff will support both the service user and their families. Developing a care plan that maintains a good daily routine, which will promote independence, and a safe as possible environment, will do this. Because Dementia affects physical co-ordination Activities will be adapted so encouraging working with their strengths not their weaknesses e.g. taking advantage of their good long-term memory old photo albums or music hopefully bringing back happier times to mind. We will also endeavor to give plenty of tender loving kindness which is what they need most of all.

Majority of the staff have completed their Dementia training and gained the knowledge to give the above care to these Service Users.

